



CoachArt *Connections*

Sharing news and resources with CoachArt volunteers



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Welcome!

CoachArt welcomes the following new volunteers who joined our volunteer network in January:

Brian Avila
John Cotugno
Amy Drucker
Carla Duarte
Paula Ferraro
Sonya Gamargo
Caitlin Hawkins
Paola Jauregui
Sarah Jones
Sura Kim
Celenia Orellana
Miguel Rodriguez
Christy Yook

Seeking Knitting Volunteers!



Thanks to the generous support of the Rosenthal Trust and in partnership with [Unwind](#) knitting

Greetings, CoachArt Volunteers!

As we eagerly dive into the new year, CoachArt brings to you its first e-newsletter designed to inform, inspire and connect our volunteers. We want to share upcoming volunteer opportunities while we continue to educate and enhance your experiences with CoachArt students. We recognize the fun and true value in connecting you with other talented artists, musicians and athletes who have committed to this organization.

On behalf of everyone at CoachArt, thank you for making the difference in the lives of children and adolescents with chronic and life-threatening illnesses. If you ever have any questions or feedback, please do not hesitate to [contact me](#).

Karina Nordbak
Program Manager

In-Hospital Workshops

Thank you to all participating coaches who made 2008 such a successful year for the In-Hospital Art Workshop program! CoachArt volunteers provided 115 hours of service to 445 patients and their siblings while receiving treatment at Childrens Hospital Los Angeles!



This year, CoachArt is expanding to the Radiology Clinic, Emergency Waiting Room and possibly more areas of the hospital to bring the arts to even more children receiving services at CHLA. For more information about getting involved in this program or to sign up for a workshop, contact Andrea Carrillo, Program Coordinator, at andrea@coachart.org or call (213) 736-2850.



Outpatient Coaching

More coaches are working with students in the Outpatient program than ever before! Through your generosity, CoachArt students are learning to draw, paint, cook, dance, photograph, design

studio, CoachArt will be launching a pilot "Needles for Knitting" program for dialysis patients and their siblings at Childrens Hospital Los Angeles. Share your knitting knowledge and provide chronically ill children with a creative outlet to take their mind away from the pain, anxiety, and emotional upheaval associated with their illness. Volunteers will be asked to commit to one knitting workshop per week for four weeks. Workshops will be hosted from 10:00am - 11:00am on Mondays and Wednesdays starting in April. Interested volunteers can contact Karina at karina@coachart.org or (213) 736-2850.



Ongoing Education: Outpatient Coach Training

CoachArt recognizes the importance of understanding your student's needs in order to provide high quality instruction in the arts and athletics. Join CoachArt for a training specifically designed to address the needs of an Outpatient Coach! Topics include cultural and language differences, child development, diagnosis, and how to engage, mentor, teach and inspire your students to be as passionate about the subject as you are! You will also have the opportunity to meet and work with other CoachArt coaches in the program.

Thursday, March 19th
7:00pm - 9:00pm
3303 Wilshire Blvd.
Los Angeles, CA 90010

To RSVP, please contact Karina at



clothing, sew, practice yoga and learn a wide array of musical instruments in their own homes!

Thank you to new, continuing and returning coaches for your willingness to share your talents with CoachArt students! Should you have any questions or require a reimbursement,

please contact karina@coachart.org.

Often, new volunteers sign up to participate in Program Events or In-Hospital Workshops, but choose not to participate in the Outpatient Coaching Program. If you now have the time and interest to work one-on-one with a student or students, please [contact me](#). We'd love to have you!



Program Events

In January, CoachArt partnered with [Teen Impact](#) and the [United States Adaptive Recreation Center \(USARC\)](#) to bring 15 adolescents to Big Bear Mountain for a two-day snowboarding and skiing trip. Students had the opportunity to ski or snowboard often for the very first time, facilitated by one-on-one instruction by USARC volunteers and with the use of special adaptive equipment.

This trip has a two-fold mission to link teens with cancer to each other for support and also provide a unique athletic experience which can increase their self confidence and provide a distraction from their illness. The students shared their cancer experiences with their peers during a psycho-social support group facilitated by *Teen Impact*. These connections brought the students together on the slopes where they cheered, high-fived and laughed their way through a sunny, snow-filled day in Big Bear.



Bragging Rights!

We want to hear from you! Interested in sharing a piece of artwork your student has created? Want to share an upcoming gig you have scheduled or an art opening featuring your work? Tell us your coaching stories. Share your talents with other CoachArt coaches. We will include this information in next month's e-newsletter. For questions or more

information, contact karina@coachart.org or (213) 736-2850.

Creative Planet

*Highlighting the Commitment
of a CoachArt Program Partner*

Creative Planet School of the Arts (CPSOA) in Baldwin Park is a private arts magnet dedicated to providing a space for accelerated academic training, intense arts education, creative expression, and community outreach. Creative Planet became a CoachArt Program Partner in July 2008, and has since provided after school lessons in Piano, Arts, Hip Hop, Yoga and more to 13 CoachArt students in a fun and supportive environment. In these classes,



karina@coachart.org or by calling 213-736-2850.

children from CoachArt participate side by side with students from the school and other youth from the local community.

In addition to conducting philanthropic performances for groups in Los Angeles, Creative Planet hosts the C.A.R.E. Initiative, Project Tanzania II, a continuation of a 2006 program that raised \$50,000 to set up an AIDS clinic and orphanage in Tanzania. This phase of the program will include a group of Creative Planet students and teachers accompanying medical experts to a village in Tanzania, where they will create social theater and set up an after school Arts program for local youth.

Creative Planet is a valued Program Partner doing wonderful things in the local community and abroad. For more information about Creative Planet School of the Arts, please [visit their website](#).

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