



CoachArt *Connections*

Sharing news and resources with CoachArt volunteers



Quick Links

[Facebook](#)

[Visit our new channel on YouTube!](#)

[Twitter](#)

[About CoachArt](#)

[Contact Us](#)



Cooking Workshop for CoachArt Volunteers!

CoachArt is proud to announce a free, instructional seminar taught by the staff of The Handstand Kids, a group that provides culturally relevant, kid-friendly cooking instruction and supplies. This opportunity is open to any volunteer interested in learning how to begin or enhance their cooking lessons with CoachArt students! The hands-on workshop will be hosted on Thursday, August 20th from 7:00pm - 8:30pm at CoachArt (3303 Wilshire Blvd., Los Angeles, CA 90010). To RSVP, contact Karina at karina@coachart.org.

Welcome!

CoachArt welcomes the following

Greetings, CoachArt Volunteers!

On behalf of everyone at CoachArt, we hope you are having a safe and healthy summer! A heartfelt welcome to all new volunteers and program partners who have recently joined our program as we share with you upcoming opportunities to get involved! CoachArt now boasts over 600 students in its program - a 31% increase in students since this time last year. As the need continues to grow, we are exceptionally grateful for your support.

Thank you for playing a tremendous role in the lives of children with chronic and life threatening illnesses and their siblings. If you ever have any questions or feedback, please do not hesitate to [contact me](#).

Karina Nordbak
Program Manager

In-Hospital Workshops

Sign up to host an August Art Workshop at Childrens Hospital Los Angeles (CHLA)! Volunteers provide art activities to patients who are hospitalized or awaiting treatment and their siblings. **If you have any questions or wish to sign up for a workshop listed below, please contact Rosie at rosalvy@coachart.org or via (213)**

736-2850. Two volunteers are needed

for each of the dates listed. If you are a new volunteer, you will be paired up with an experienced volunteer who can guide you through your first workshop. You will receive a confirmation e-mail once you have been assigned to your workshop date. Note that workshops often fill up quickly so sign up today!

Monday, 8/10 from 2pm-4pm

Tuesday, 8/11 from 6pm-7:30pm

Thursday, 8/20 from 10am-12pm

Thursday, 8/20 from 6pm-7:30pm



new volunteers who joined our volunteer network in June:

Alexandra Lewin
 Alexis Sexauer
 Amy Mathieson
 Breanna Daniels
 Brenda Ray
 Charles Martensen
 Daniel Obaseki
 Hanna Chang
 Jennifer Reid
 Jill Goodwin
 Karen Daniels
 Kelsey Watkins
 Lindsay Ricketts
 Lois Moglovkin
 Malka Miller
 Patricia Lamantea
 Paul Guillemette
 Quonta Beasley
 Ronald Gonis
 Sara Castledine
 Sofie Lassen
 Valerie Valdes



Volunteer Orientations

Have a friend interested in volunteering with CoachArt? Invite him/her to an upcoming orientation! All orientations take place at 3303 Wilshire Blvd., Los Angeles, CA 90010.

Saturday, Aug. 8th from 12-1:30p
 Tuesday, Aug. 11th from 7-8:30p
 Tuesday, Sept. 8th from 7-8:30p

To RSVP, contact Karina at karina@coachart.org.



Tuesday, 8/25 from 6pm-7:30pm
 Friday, 8/28 from 9:30am-11:30am

Needles for Knitting - Join Us Today!

A second phase of the *Needles for Knitting* program will launch next month at CHLA. Volunteers interested in providing knitting instruction to patients and their siblings are asked to attend our orientation on Saturday, August 8th from 10:00am - 11:30am at 3303 Wilshire Blvd., Los Angeles, CA 90010. To RSVP or for more information, e-mail karina@coachart.org or call (213) 736-2850.

Outpatient Coaching

In the heat of the summer, outpatient coach **Marcus Bockman** shares his experiences with CoachArt. Marcus is a journalism and psychology student at CSULB, pursuing a career in photojournalism. You can view more of his photos by visiting www.emulsionphoto.com:



Photo by Marcus Bockman

How were you surprised or not surprised by your lessons with your student?

Three things happened that felt completely unexpected: I found out an hour long lesson is extremely short (contrary to my pre-instruction beliefs), teaching an adolescent one-on-one was not the chaos that a high school teacher has to put up with (it's actually fun), and at the end of the lessons I was sad the course was ending (it was a very enjoyable and fulfilling experience).

Is volunteering for CoachArt different than you thought it would be?

My initial reaction was that I was going to be teaching a class akin to a formal college photography course. However, technical terms and advanced theory don't engage a student wanting to learn the basics! I had to tone down the technical jargon, and develop a more hands-on approach.

Is there any advice you would offer to other volunteers?

Engage the student, don't just fulfill personal goals. The lesson is a respite from dealing with a chronic or life-threatening illness for the child or adolescent. It should be a hands-on, enjoyable experience during which you share your gift by showing and letting the child explore the subject.



Program Events

For the first time, CoachArt hosted a sailing and kayaking excursion for adolescents with chronic illnesses and their siblings in Marina del Rey. Thanks to the talented staff at the UCLA Marina Aquatic Center, twenty students indulged in the sunshine while receiving private instruction on how to paddle in unison, hoist a sail, make use of the wind and avoid the boom! The day's excitement culminated for these first-timers when they were joined by dolphins



Earn Money for CoachArt Using Your Ralphs Rewards Card!

Do you shop at Ralphs? Do you buy food for CoachArt cooking lessons? Sign up or use your current Ralphs Rewards Card and earn money for CoachArt! Once you have your card, log on to www.ralphs.com and click "Sign Up Today" to become an online customer. When the account is confirmed, click on "Edit Community Contribution Information" and input your Ralphs rewards card number. (You can call 800-660-9003 to get your rewards card number.) Enter **NPO #91540** or **CoachArt** to start earning money for CoachArt the next time you shop! Questions? Just call us at (213) 736-2850!

and sea lions! Trained staff provided adaptive recreation for students requiring special assistance. For more information about the UCLA Adaptive Recreation program, [click here](#).



City of Pico Rivera

Highlighting the Commitment of a CoachArt Program Partner

Swimming is one of the most recommended physical activities for CoachArt patients, as it can increase mobility, strengthen muscles and enhance blood flow in a safe, fun recreational environment. The City of Pico Rivera joined CoachArt as a program partner in June 2007 to help meet the needs and interests of many CoachArt patients and siblings. Almost 25% of CoachArt participants list athletics as their primary interest when joining the program.



Since the partnership began, Smith Park Aquatic Center has accepted over 60 CoachArt students into their summertime swim lessons. Their staff have demonstrated an incredible commitment to CoachArt by providing such a large number of scholarships in one of our lesser served communities.

The City of Pico Rivera provides year-round programming to youth as well as adults. To learn more, [visit their website](#).

✉ SafeUnsubscribe®

This email was sent to ashley@coachart.org by karina@coachart.org.
[Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

Email Marketing by



CoachArt | 3303 Wilshire Boulevard | Suite 320 | Los Angeles | CA | 90010