



CoachArt *Connections*

Sharing news and resources with CoachArt volunteers



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CoachArt Online

Follow what we're up to! Check out pictures, videos, stories and more!



Welcome!

CoachArt welcomes the following new volunteers who joined our volunteer network in October:

"Get Your Art in the Game" Art Show
Saturday, November 14th
6:00 - 10:00pm

R.S.V.P Now!



Artwork by CoachArt Student Amairani, age 13

Refreshments, snacks and special musical performance by local artist *Mayaztek*. Admission is free!

A Dinner Of and For Champions



CoachArt's 2009 Champions Awards Dinner celebrated on October 15 gathered over 350 guests to honor the philanthropic work of Andy Puzder, CEO of CKE Restaurants, Inc., and Paula Ferraro of Music 4 the Kids (M4TK). The beautiful Hotel Casa del Mar in Santa Monica offered an incredible space for speeches from

Alisha Flecky, Anne Hodder, Ashley Bicker, Cynthia Querio, Desiree Rosen, Gabriela Aguilar, Gail Tomura, Heather Tanning, Jo-Ann Schoenrock, Jordan Abbott, Karen Bruner, Kristle Baillargeon, Laurie Lopez, Lissa Solares, Maida Pirich, Michelle Ichinose and Peter Bobbs

Make Money For Your Talents!



Want to expand your teaching efforts? Help CoachArt build a partnership with Teach Street by joining their online community to find clients near you and share resources with other instructors.

Tell us if you join and how your experience is going! Email Becca@coachart.org

Heartfelt Goodbye

We say goodbye to our Program Intern, **Judith Lopez**, who will be embarking on a new journey as an AmeriCorps at Arts for All, Inc. We thank her for all of her hard work, support and spirit that has allowed CoachArt to keep running so smoothly! We'll miss you!

Strut 'em Strings Acoustic Benefit Event



CoachArt Founders Zander Lurie and Leah Bernthal, amazing CoachArt student Zach Marks, and surprise guest Kareem Abdul-Jabbar! CoachArt was also thrilled to welcome musician Tom Freund, who accompanied the Music 4 the Kids performance and treated the audience to an original song and a rockin' Beatles cover.

This year, we are fortunate to have experienced record numbers in sponsorships and donations, grossing over \$600,000 for CoachArt's programs and operations. For this astounding show of support and generosity, CoachArt thanks its sponsors, donors and all those who attended the event.

In-Hospital Workshops

Sign up to host a December Art Workshop at Childrens Hospital Los Angeles (CHLA)! Volunteers provide art activities to patients who are hospitalized or awaiting treatment and their siblings.



If you have any questions or wish to sign up for a workshop listed below, please contact Rosie at Roselvy@coachart.org. Note that workshops often fill up quickly so sign up today!

December:

12/1- Tuesday from 6:00pm-7:30pm
 12/3- Thursday from 6:00pm-7:30pm
 12/3- Thursday from 10:00am-12:00pm
 12/7- Monday from 2:00pm-4:00pm
 12/8- Tuesday from 6:00pm-7:30pm
 12/15- Tuesday from 6:00pm-7:30pm
 12/16- Wednesday from 9:30am-11:30am
 12/18- Friday from 9:30am-11:30am

In-hospital Workshop Ambassador Program:

An Ambassador is a CoachArt volunteer who serves as a representative of CoachArt, has hosted many workshops at CHLA and would like to step up to lead bi-monthly recurring art workshops. They are knowledgeable about our programs and can share information with new families in waiting room areas. If you are interested in becoming an Ambassador, **email Rosie at roselvy@coachart.org.**

Coach Acclaim



Rochelle Bassarear is recognized for her stellar contributions to CoachArt since joining in December 2008. From art and cooking lessons to volunteering at CHLA Rochelle has touched many lives. Check out her students' and her latest culinary creations at the November 14th Art Show!

What brought you to CoachArt? Volunteering was something I had always talked about wanting

December 4th
6:30 - 9:30pm
Quiznos
20224 Pioneer Blvd.,
Cerritos, CA 90703

Check out Cerritos-based student group "Love Strut" as they rock out to acoustic melodies while awareness of CoachArt.

For admission, please bring new or gently used art supplies.

For more information about Love Strut, visit www.myspace.com/love_strut.

Feeling Crafty?

For every purchase of textiles, patterns or vintage fabric from Bellafabric, CoachArt will receive a donation!



\$1 for each purchase under \$10 and 10% of total sale for anything over \$10!

Benefit ends November 15th so get creative now!

[Check out the awesome merchandise!](#)

Volunteer Orientations

Love being a coach? Don't let your friends and social networks miss out on volunteering too! Tell them about our upcoming orientations held at our office in Mid-Wilshire from 7:00 - 8:30pm:

Tuesday, December 8th

To RSVP, contact Becca at



to do, but never quite got around to. At some point I was feeling a bit stagnant and wanted to bring more positivity into my life. I was particularly drawn to volunteer work that incorporated art and creativity as a way of helping people, so when I came across Coachart, I found it to be a perfect match.

What have you gained from being a part of CoachArt?

I have become a part of a program that really does something special for children who may not necessarily get to do all the things on their own. Working with the children has revitalized my creativity, as well as bringing joy to the children when they create something new. I feel like I am doing something very worthwhile with my free time and it has been very rewarding.

What has been your favorite moment as a Coach?

The excitement in the kids voices when they ask "what are we going to make today?" and seeing the results of their efforts.

What advice would you give to other coaches?

Just be creative, have fun and enjoy yourself. The joy you bring to the kids is the best reward.



Rick Sessinghaus Golf Academy



With the Fall session of lessons in full swing, CoachArt wishes to recognize the support of Rick Sessinghaus for bringing the game of golf to young CoachArt students. Rick Sessinghaus Golf Academy in Glendale became a partner in March of this year and has since introduced weekly, private golf lessons to several CoachArt students. Rick shared his experiences with us: "Working with the CoachArt community has been very rewarding. My mission is to introduce as many people to the great game of golf. The CoachArt families that I have worked with see the challenge as an opportunity to push themselves and have a great time in the process." Many of Rick's students have returned to him multiple times - a testament to his engaging instruction and love of the game!

As a former golf pro and decorated golf instructor, Rick received his Masters and Doctorate Degree in Applied Sports Psychology. To learn more about golf's mental game and Rick's new book, visit www.ricksessinghaus.com.

A Day of Giving in LA

Lululemon athletica and Shari Berkowitz are teaming up with the entire Los Angeles fitness community to raise awareness of CoachArt by donating

Becca@coachart.org

proceeds all day on December 1.

Get your yoga and fitness instructors to join the energy on this amazing day!

[Check out the Facebook page to learn how to get giving!](#)

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